

Antidepressant Medication Management (AMM)

Measure Description

The percentage of members 18 years of age and older who were newly treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment. Two rates reported:

- Effective Acute Phase Treatment: Members who remained on an antidepressant medication for at least 84 days (12 weeks).
- Effective Continuation Phase Treatment: Members who remained on an antidepressant medication for at least 180 days (6 months).

Criteria for meeting the measure:

Effective Acute Phase Treatment: Member remained on their antidepressant medication for at least 84 days (12 weeks)

Effective Continuation Phase Treatment: Member remained on their antidepressant medication for at least 180 days (6 months).

NOTE: The phase begins when the prescription is filled.

Best Practices and Tips for Providers to Improve Member Outcomes

- Scheduling patient follow-up appointments for medication management.
- Reminding patients of their appointments.
- Educating members on the importance of medication adherence, side effects, benefits of the medication, the expected time required for a medication to begin to take effect, and the risks of stopping their medication.
- Encourage the member to sign a release of information for all treating providers.
- Communicate with primary care physicians and other providers involved with the member's treatment to ensure continuity and coordination of care to support a whole person approach.
- Ensure appropriate documentation, accurate coding and submit claims in a timely manner.